

Lunch Menu for March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The Gardens of St. Francis					1 Tuna Noodle Casserole Squash Cottage Cheese Fresh fruit	2 Beef roll up Veggie mix Cucumber & Tomatoes Banana pudding
3 Oven Fried chicken Mashed Potato casserole Peas & carrots Frosted lime salad Ice cream	4 Spaghetti w/Meat sauce Zucchini Chef salad Garlic bread Fresh fruit	5 Cajun Chicken Spanish rice Mixed veggie Salad bar Cake	6 Breaded shrimp Asparagus Au gratin Potatoes Salad bar Sliced pears	7 Pork chops Sweet potato Veggie mix Salad w/Betty dressing Cornbread Fresh fruit	8 Mac & cheese Country Tomatoes Good & Healthy salad Pudding	9 Sausage O'Brien Potatoes Green beans Spinach salad apricots
10 Pork roast Dressing/gravy Asparagus Waldorf salad Ice cream	11 Tuna Noodle Casserole Breaded zucchini Tossed salad Cake	12 Beef porcupines Steak fries Green beans Salad w/Betty dressing Fresh fruit	13 Oven Fried Chicken Mashed Potatoes/gravy Blended veggies Bread pudding	14 Hamburger French fries Veggie mix Cole slaw Pie	15 Talapia Sweet Potato Peas Ambrosia salad Chocolate fudge brownie	16 Chicken, broccoli & cheese Veggie mix Garden salad Strawberry trifle
17 Corned beef Boiled potatoes Cabbage Gelatin salad Irish soda bread Pistachio cake	18 Chicken tenders O'Brien potatoes Carrots Cole slaw Pudding	19 Sweet & sour pork Rice Peas Salad w/Betty dressing Fresh fruit	20 Shepherd's pie Tater puffs Corn Fruit tart	21 Chicken Paprikash Spatzel Green beans Mandarin orange salad Pie	22 Fried fish French fries Peas Carrot salad Pudding	23 Turkey pot pie Broccoli Fruit gelatin Cake
24 BBQ spareribs 1/2 baked Potato Asparagus Ambrosia salad Ice cream	25 Meat lasagna Green beans Tossed salad Garlic bread Fresh fruit	26 Roast Turkey Mashed Potatoes/gravy Veggie mix Peach shortcake	27 Beef Stroganoff Broad noodles Carrots Chef salad Ice cream	28 Pork chops German potato salad Sauerkraut Ambrosia salad Frosted cupcake	29 Shrimp Pasta Alfredo sauce Veggie mix Cole slaw Pineapple tidbits	30 Chicken a la king Sliced beets Pea salad Biscuits Cake
31 Honey baked ham Sweet potato Broccoli Fruit salad Ice cream	** Menu Subject to Change					