





March 2019 Independent Living Wellness Program Events

Please contact us if you have questions.
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Abbreviation	Location/Building	Abbreviation	Location/Building	Services	Location/Building	Hours of Operation
PAC	Below Chapel - Main Building 1st Floor	AL-3	AL Activity Room - Main Building 3rd Floor	Kreative Korner	Main Building 1st Floor	Tue & Thurs. 10:00am - 3:00pm
CL-#	Classroom - Main Building 1st Floor	SJA	St. Joe's Art Studios - Main Building 3rd Floor	Gee Gee's	Main Building 1st Floor	Mon -Fri. 9:00am- 3:00pm
FR	Fitness Room - Main Building 1st Floor	HRC	Health & Rehab Center	Beauty Shop	Main Building 1st Floor	Tue - Fri 9:00am - 4:00pm
BRD	Board Room - Main Building 2nd Floor	JBR	Joseph Bernardin Residence	Independent Clinic	Main Building 2nd Floor	Mon 2:00pm - 3:00pm & Wed 3:00pm - 5:00pm
CH	Chapel - Main Building 2nd Floor	SHR	Station House Restaurant	HRC Barber Shop	Health & Rehab Center	Mon 4:00pm - 6:00pm
Cham	Chaminade - Main Building 2nd Floor	TFC	The Franciscan Center	HRC Beauty Shop	Health & Rehab Center	Mon - Tue - Wed 9:00am - 4:00pm
ChamE	Chaminade Entrance - Main Building 2nd Floor			St. Leonard TV Station 1851		
DR	Dining Room - Main Building 2nd Floor			Hallmark Station 1852		
RR	Rose Room - Main Building 2nd Floor	Body, Mind, Spirit Calendar				
Sr.O	IL Activities - Main Building 2nd Floor					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
3	4	5	6	7	8	9
9:00am/CH 10:30am/CH 1:30pm/Sr.O 6:30pm/AL-3	9:00am/CH 10:15am/CL#1 12:15pm/RR 1:00pm/Sr.O 3:45pm/CH 4:30pm/Out	9:00am/CH 10:00am/KK 10:00am/CH 10:15am/CL#1 12:30pm/RR 1:00pm/Ch #2 3:00pm/CH 3:45m/CH 6:30pm/PAC 6:45pm/Cancel	9:00am/CH 10:15am/CL#1 11:15am/RR 12:00pm/Shop 1:00pm/TFC 3:45m/CH 6:00pm/Sr.O	Ash Wednesday 9:00am/CH 10:00am/KK 10:15am/CL#1 12:30pm/RR 12:30pm/SHR 1:00pm/Sr.O 4:00-5:00/Dinner 5:00pm/Outing 7:00pm/PAC	9:00am/CH 10:00am/Shop 11:00am/CH 12:00pm/TFC 12:00pm/RR 1:00pm/Sr.O 1:00pm/TFC 3:15pm/CH 3:30pm/Sr.O 3:45pm/CH	10:00am/Sr.O 10:20am/AL-3 4:00pm/CH 7:00pm/CH
Mass Faith Community Mass Bingo Movie- "Forever My Girl"	Mass Exercise for the Health of It Wii Bowling Pinochle Rosary Dinner- Carillon Brewery	Mass Kreative Korner Craft St. Leonard Men's Fellowship Group Exercise for the Health of It Wii Bowling Bridge Holy Hour Rosary Entertainment- Happy Hour Duo Sing-A-Long	Mass Exercise for the Health of It Library Cart with Sheila Shopping- Sugarcreek BMS: Alzheimer's Meeting Rosary American Mahjongg BMS:Ted Gudorf, Attorney at Law Presents: VA Benefits Seminar	Mass Kreative Korner Craft Exercise for the Health of It Wii Bowling Lunch Bunch/Round Table Open CARD Day? Theme Dinner/ St. Patrick Day Call Chris Bowers 436-6405 Schuster Center-"On Your Feet"	Mass Shopping - Kroger Interdenominational Service Beginning Line Dancing 1 on 1 w/ Sheila Wii Games Euchre Line Dancing Spelling Club Happy Hour Rosary	Bible Study with Sheila and Wendy Memorize Mass BMS: Dayton Area Harp Ensemble Celtic

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
10	Daylight Saving Time Begins	11	Time/Location - Activity	12	Time/Location - Activity	13	Time/Location - Activity	14	Time/Location - Activity	15	Time/Location - Activity	16	Time/Location - Activity
9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	10:00am/Sr.O	Bible Study with Sheila and Wendy
10:30am/CH	Faith Community Mass	10:15am/CL#1	Exercise for the Health of It	9-10:30am/Din	Coffee Bar & Donuts	10:15am/CL#1	Exercise for the Health of It	10:00am/CH	Kreative Korner Craft	10:00am/CH	Mass	10:20am/AL-3	Memorysize
1:30pm/Sr.O	Bingo	12:15pm/RR	Wii Bowling	9:30am/Out	Gambling Rising Star Outing	12:00pm/Shop	Shopping- Sugarcreek	10:15am/CL#1	Exercise for the Health of It	11:00am/CH	Interdenominational Service		
6:30pm/AL-3	Movie- "National Treasure"	1:00pm/Sr.O	Pinochle	10:00am/KK	Kreative Korner Craft	11:15am/RR	Library Cart with Sheila	12:30pm/RR	Wii Bowling	12:00pm/TFC	Beginning Line Dancing	4:00pm/CH	Mass
		3:45pm/CH	Rosary	10:15am/CL#1	Exercise for the Health of It	12:00pm/Shop	Shopping- Sugarcreek	12:30pm/SHR	Lunch Bunch/Round Table	12:00pm/RR	1 on 1 w/ Sheila Wii Games		
		4:30pm/Out	Dinner-Elsa's	12:30pm/RR	Wii Bowling	1:00pm/Sr.O	Lenten Video with Fr. Jerry	1:00pm/Sr.O	Open CARD Day?	1:00pm/Sr.O	Euchre		
				1:00pm/Ch #2	Bridge	2:00pm/Sr.O	Veteran's Meeting	2:00pm/PAC	Centerville Park District Presents	1:00pm/TFC	Line Dancing		
				3:45m/CH	Entertainment- Jerry Dodd	2:00pm/TFC	BMS:AAA: "What to do if your car breaks down"	2:00pm/TFC	"Hide & Seek"	1:15pm/BRD	Spelling Club		
				6:00pm/TFC	Rosary	3:45m/CH	Rosary	4:30pm/Outing	SCLL - Patty McCormick presents	1:30pm/AL-3	Entertainment- Jessie Fanning		
				6:45pm/AL-3	Country Bluegrass Music	6:00pm/Sr.O	American Mahjongg	6:00pm/TFC	"Aromatherapy Medicine Chest"	3:15pm/CH	Stations of the Cross		
					Sing-A-Long	6:30pm/PAC		6:00pm/PAC	Dinner- Treasure Island	3:30pm/Sr.O	Happy Hour		
								6:00pm/PAC	BMS: Dr. Agrawal,MD	3:45pm/CH	Rosary		
									Chronic Kidney Disease				
									BMS: Stir, Stir Performance				
17	St. Patrick's Day	18	Time/Location - Activity	19	Time/Location - Activity	20	Spring Begins	21	Time/Location - Activity	22	Time/Location - Activity	23	Time/Location - Activity
9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	10:00am/Sr.O	Bible Study with Sheila and Wendy
10:30am/CH	Faith Community Mass	10:15am/CL#1	Exercise for the Health of It	10:00am/KK	Kreative Korner Craft	10:15am/CL#1	Exercise for the Health of It	10:00am/CH	Kreative Korner Craft	10:00am/Shop	Shopping	10:20am/AL-3	Memorysize
1:30pm/Sr.O	Bingo	12:15pm/RR	Wii Bowling	10:15am/CL#1	Exercise for the Health of It	11:15am/RR	Library Cart with Sheila	10:15am/CL#1	Exercise for the Health of It	11:00am/CH	Interdenominational Service		
6:30pm/AL-3	Movie: "A Perfect World"	1:00pm/Sr.O	Pinochle	11:00am/Out	Romeo's- Archer's	1:00pm/Din	Brunch Call 436-6405	12:30pm/RR	Wii Bowling	12:00pm/TFC	Beginning Line Dancing	4:00pm/CH	Mass
		3:45pm/CH	Rosary	12:30pm/RR	Wii Bowling	1:00pm/Shop	Shopping- Sugarcreek	12:30pm/SHR	Lunch Bunch/Round Table	12:00pm/RR	1 on 1 w/ Sheila Wii Games		
				1:00pm/Ch #2	Bridge	1:00pm/Sr.O	Lenten Video with Fr. Jerry	1:00pm/Sr.O	Open CARD Day?	1:00pm/Sr.O	Euchre		
				3:45m/CH	Rosary	1:30pm/PAC	BMS: Alzheimer's Meeting	1:30pm/PAC	Entertainment- Edde Osborne	1:00pm/TFC	Line Dancing		
				6:00pm/PAC	Country Bluegrass Music	3:00pm/CH	Reconciliation Service	2:00pm/TFC	Optimist Club Meeting	3:15pm/CH	Stations of the Cross		
				6:00pm/TFC	BMS:Dr. Gordon Katz, DO	3:45pm/CH	Rosary	2:00pm/TFC	SCLL - Kathy Hays presents	3:30pm/Sr.O	Happy Hour		
				6:45pm/AL-3	Hearing Loss	6:00pm/Sr.O	American Mahjongg	3:15pm/AL-3	"Coal Mining in Appalachia"	3:45pm/CH	Rosary		
					Sing-A-Long	6:30pm/PAC	Cub Scout Trivia Night	6:00pm/TFC	Library Talk with Scott	6:30pm/PAC	BMS:Tom Daugherty Orchestra		
						6:30pm/Outing	Miami Valley Concert		BMS: Cassie Barlow- Author				
24	Time/Location - Activity	25	Time/Location - Activity	26	Time/Location - Activity	27	Time/Location - Activity	28	Time/Location - Activity	29	Time/Location - Activity	30	Time/Location - Activity
9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	10:00am/Sr.O	Bible Study with Sheila and Wendy
10:30am/CH	Faith Community Mass	10:15am/CL#1	Exercise for the Health of It	10:00am/KK	Kreative Korner Craft	10:15am/CL#1	Exercise for the Health of It	10:00am/CH	Kreative Korner Craft	10:00am/Shop	Shopping	10:20am/AL-3	Memorysize
1:30pm/Sr.O	Bingo	12:15pm/RR	Wii Bowling	10:15am/CL#1	Exercise for the Health of It	11:15am/RR	Library Cart with Sheila	10:15am/CL#1	Exercise for the Health of It	11:00am/CH	Interdenominational Service		
6:30pm/AL-3	Movie: "The Book of Henry"	1:00pm/Sr.O	Pinochle	12:30pm/RR	Wii Bowling	12:00pm/Shop	Shopping Sugarcreek	11:00am/Out	Juliet's- Geez's	12:00pm/TFC	Beginning Line Dancing	4:00pm/CH	Mass
		3:45pm/CH	Rosary	1:00pm/Ch #2	Bridge	1:00pm/Sr.O	Lenten Video with Fr. Jerry	12:30pm/RR	Wii Bowling	12:00pm/RR	1 on 1 w/ Sheila Wii Games		
		4:30pm/Outing	Dinner- Ruby Tuesday	3:45m/CH	Rosary	2:30pm/TFC	Parkinson Support Group	12:30pm/SHR	Lunch Bunch/Round Table	1:00pm/Sr.O	Euchre		
				6:00pm/TFC	Country Bluegrass Music	3:45pm/CH	Rosary	1:00pm/Sr.O	Open CARD Day?	1:00pm/TFC	Line Dancing		
				6:45pm/AL-3	Sing-A-Long	6:00pm/Sr.O	American Mahjongg		Faith Community Reconciliation Service	3:15pm/CH	Stations of the Cross		
						6:30pm/Outing				3:30pm/Sr.O	Happy Hour		
										3:45pm/CH	Rosary		
31	Time/Location - Activity												
9:00am/CH	Mass												
10:30am/CH	Faith Community Mass												
12:30pm/Out	WSU Theater "A Little Night Music"												
1:30pm/Sr.O	Bingo												
6:30pm/AL-3	Movie: "Forrest Gump"												

Activities are subject to change