

# NEWSLETTER



## HAPPY NEW YEAR!

It's time to make New Year resolutions. I hope those plans include a visit to Linus Oakes!

Many people have seen Linus Oakes, the "place on the hill," while visiting Mercy Medical Center. But many have never actually come in to visit. Those who do truly appreciate the unique village atmosphere and warm, cozy feeling of home.

It's always a good idea to know your options and have a plan for the future!

I hope to see you soon!



## IN-HOME CAREGIVERS

Did you know that you can hire an in-home caregiver to help you with your personal needs? Many residents at Linus Oakes hire help to walk their dog, take a shower, do laundry, etc. This help is very affordable and allows residents to stay in their home here for many years.



## FREE STORAGE

Linus Oakes offers free storage space to residents. The storage units are located throughout the facility and vary in size, but are locked and temperature-controlled.

This space is perfect for holiday decorations, as well as extra "stuff" that accumulates!

**"Whether we want them or not,  
the New Year will bring new challenges;  
whether we seize them or not,  
the New Year will bring new opportunities."**

*~Michael Josephson*



## ***Available Homes... as of January 5th***

#138 is a 1-bedroom cottage with the best view of the city and surrounding hills. Located on the 2nd floor of Myrtlewood Cottage, this cottage is bright and cheerful with Southeast-facing windows for lots of light all day. Cottages feature a full kitchen with full-size refrigerator, range and dishwasher, large built-in pantry and a washer & dryer as well!

#109 is a 2-bedroom/2-bath cottage located on the 2nd floor of Ponderosa Cottage. This home was tastefully customized by its prior resident and has some very unique features. You don't want to miss this one!

#19 is a 2-bedroom Lodge Apartment located on the ground floor of Oak Lodge and is convenient to the dining room and all of the social activities that make Linus Oakes home. It has a beautiful view from the bay windows of the Linus Links putting green and Amicitia Friendship Park.

## **Choosing a Senior Living Facility: Five Important First Impressions**

When starting the search for a senior community for either yourself or your parent or loved one, first impressions are key to finding the best fit. Here are some tips to keep in mind when making your initial visit.

### **1. Is the location convenient and is transportation accessible?**

The community should be convenient to restaurants, stores, physicians, hospitals, and pharmacies. And if some, or all, of these amenities are available within walking distance, that could encourage walking for exercise. Is transportation widely available, or is there a narrow window of availability? Is transportation handicap-accessible?

### **2. Are the buildings and grounds clean and well-maintained? Is the interior uncluttered with a clean smell?**

The buildings and grounds should be beautiful and beckon you outside, with plenty of gardens and walking paths. The interior should smell fresh, and be clean and uncluttered with large, welcoming spaces for people to gather to play games and visit.

### **3. Are you welcomed with a warm greeting from the staff? Does the staff address residents by their names?**

The staff should not only provide excellent and friendly service, but also should know each resident and greet them warmly.

### **4. Do you notice the residents socializing with each other and do they appear happy and content?**

The community should encourage a sense of family to develop. Do the residents greet you and offer feedback to you about their home? Do you see groups of residents doing activities together?

### **5. Is there an activities calendar available, and do the activities and events appeal to you?**

The arts should be alive and well, with concerts, performances and trips to area cultural events. On-site live entertainment, activities, and events should be offered as well.